

How to Use Invisalign Cleaning Crystals?

Follow these steps to clean your aligner using the Invisalign Cleaning Crystals:

- Place your aligner under lukewarm running water and gently rinse it to remove stuck-on food debris.
- Fill the Invisalign cleaning tub or a small clean cup with enough lukewarm water to submerge the aligner.
- Empty a packet of the Invisalign crystals into the cleaning tub.
- Place the aligner in this cleaning solution. It is recommended to soak the aligners for 15 minutes.
- Take out the aligner from the cleaning solution and rinse it again with lukewarm water.
- Take a soft-bristled toothbrush and saturate its bristles with tap water. Use this toothbrush to gently scrub the aligner on both the sides so that the leftover particles can be removed.
- Thoroughly rinse the aligner the final time. They are fresh, clean, and ready to wear. You can also place them into the case after drying them.

With Invisalign Cleaning Crystals, you get the deep clean that is needed to keep your aligners looking their best. When you remove your aligners from the cleaning tub, they are fresh, clean, and ready to wear.

To get more information, visit: <https://blog.reigndental.com/invisalign-cleaning-methods/>